# **LOOKING FOR ANSWERS?**

### Do you or a loved one need substance use treatment?

# **START HERE**

Local Resources

# **Howard County Health Department**

Local Behavioral Health Authority, Substance use treatment referrals.

www.hchealth.org/gethelp 410-313-6202

#### **Grassroots Crisis Intervention**

24 Hour Hotline, Mobile Crisis Team, substance use screening and referral walk-in services 11 am-7 pm, 7 days a week

410-313-6677 www.grassroots.org

#### **HC DrugFree**

**Substance Misuse Prevention** 

443-325-0040

www.hcdrugfree.org

**Alano Club** (12 step support) 410-997-22288

Serenity Center (12 step support) 410-0884-6088

# Levels of Care

## Early intervention (Level 0.5)

No diagnosis, but warning signs are present.

#### **Outpatient** (Level 1)

Less than 9 hours of service per week.

#### **Intensive Outpatient** (Level 2)

More than 9 hours of service per week.

#### **Residential Care** (Level 3)

24-hour care available personnel to nursing staff.

#### **Withdrawal Management**

(Outpatient/Residential) Mild-Severe withdrawal from onsite montioring to 24 hour nursing care with physican visits as needed.



# Help Hope Howard

HoCoOpioidHelp.com • #HoCoHelp

# Payments Accepted

#### Medicaid/Uninsured

Visit the Behavioral Health
Administration's webpage at
https://bha.health.maryland.gov/
Pages/Maryland-CertifiedTreatment-Directory.aspx for a
substance use treatment locator.
For a list of Howard County
providers, go to

www.hchealth.org/gethelp

#### **Private Insurance**

Contact your insurance company for in-network substance use treatment providers and co-pay information.

#### **Private Pay**

Pay directly for treatment instead of using insurance.

#### **Howard County Health Department is HERE to HELP!**

For urgent crisis assistance, call Grassroots Crisis Intervention at

**410-531-6677/2-1-1** (local calls routed to Grassroots).

If you are having a medical emergency, call 9-1-1.



